



SAMMY MARGO PHYSIOTHERAPY

SPRING NEWSLETTER 2015

SAMMY MARGO PHYSIOTHERAPY has some exciting new additions to our service.

We are now open from 8am-8pm five days a week and on Saturdays from 9am-2pm and in the clinic and we can also see patients in convenience of their homes and offices. In addition we offer emergency home visits out of hours. Our patients want to be seen here and now so we do make ourselves available to suit them offering early and late appointments as well as weekend appointments. We have an emergency number for patients that need to be seen immediately which is **07951 741 740**.

HOME VISITS ZONE EXTENDED TO NORTH LONDON

Our home/office visiting zone has been extended to an even larger area of North and North West London from Arkley, Totteridge, Hendon, Mill Hill, Golders Green, Finchley, Hampstead, HGS, Highgate, Muswell Hill, Crouch End and St John's Wood, all the way up to the West End. These are perfect for post-operative, elderly and acute back pain care.

PRIVATE MEDICAL INSURANCE COMPANIES

We are recognized by all PMIs and welcome self- payers too. We have discounted rates for advanced block bookings.

PHYSIO LED PILATES

We run Physio led Pilates classes as well as 1:1s by highly skilled Physios who have trained as Pilates instructors. Great for those of you who need to get moving but are worried about injuring yourself.

FREE LOWER LIMB REHABILITATION CLASSES

Patients needing to enhance their rehabilitation can also join our Lower Limb Rehabilitation classes. These can be taken in addition to your treatment or stand alone once assessed by a physiotherapist.

CLINICAL SPECIALISTS FOR SHOULDERS PHYSIOTHERAPIST AND PAIN

Andre Leleu is extending his hours with his special interest in complex shoulder pain, instability (including hypermobility), and peripheral nerve injuries and Leith Brown Consultant Pain Physio has joined the team bringing with his extensive experience.

SLEEP

Sammy has release a range of ergonomic pillows to support front back and side sleepers and for small medium and large frames. Check out

www.thegoodsleepexpert.com

FACEBOOK PAGE

Check out our new exciting Facebook page which is updated on a daily basis.



All of our highly trained Physiotherapists are Members of the Chartered Society Physiotherapy (MCSP) as recognized by Private Medical Insurance Companies as well as members of the Health Professions Council (HCPC). All of them are required to continuously maintain their professional development. Many of the Physiotherapists have post graduate qualifications in acupuncture.

