



**SAMMY MARGO**  
**PHYSIOTHERAPY**

# AUTUMN NEWSLETTER 2015

Welcome to our quarterly newsletter! Sammy Margo Physiotherapy has some exciting news!

## Highgate Clinic has opened!!!

We have extended our clinic to a new Highgate location since early September. It is a new modern clinic with two fully equipped treatment rooms. We are currently open Monday to Friday but are looking at extending our service to the weekends. We will be working closely with Highgate Hospital and other local health facilities in the area.

**SAMMY MARGO**  
**PHYSIOTHERAPY**  
- HAMPSTEAD -

444 Finchley Rd, London NW2 2HY

**SAMMY MARGO**  
**PHYSIOTHERAPY**  
- HIGHGATE -

244 Archway Rd, London, N6 5AX

## Practice Home Visit Car

We have bought a car for our home visit Physiotherapist! Due to the high level of demand for home visits we have invested in a clinic car so that our Home visit Physiotherapist can spend more time treating and less time commuting.

## International Reach

Our incredibly talented Physiotherapist Andre Le Leu has just returned from the European Shoulder and Elbow Congress in Milan. With over 1500 delegates from across Europe this is the largest International Shoulder and Elbow conference in the world. The conference provides an opportunity to develop collaboration and research throughout Europe. Andre gave a fantastic lecture on "The importance of scapula dyskinesia in atraumatic shoulder instability."

## High Level and Endurance Athletes

Our highly experienced Physiotherapist Karen is closely linked with a number of professional sporting bodies including the British Cheerleading Squad. With Karen's extensive movement background she has been providing thorough functional running assessments at the clinic. She has had great success in treating running related pain, injury prevention, increasing running speed and endurance as well as technique reviews. This has particularly been useful in the rehabilitation and treatment of Iron Man Athletes in the lead up to World Championships.

Check Out Our Updated Site

[www.sammymargophysiotherapy.com](http://www.sammymargophysiotherapy.com)



All of our highly  
trained  
Physiotherapists are:

Members of the Chartered  
Society Physiotherapy (MCSP)

Recognised by Private Medical  
Insurance Companies

Members of the Health  
Professions Council (HCPC).

Required to continuously  
maintain their professional  
development.

Many of the Physiotherapists  
have post graduate  
qualifications in acupuncture.



444 FINCHLEY ROAD • LONDON NW2 2HY • 020 7435 4910